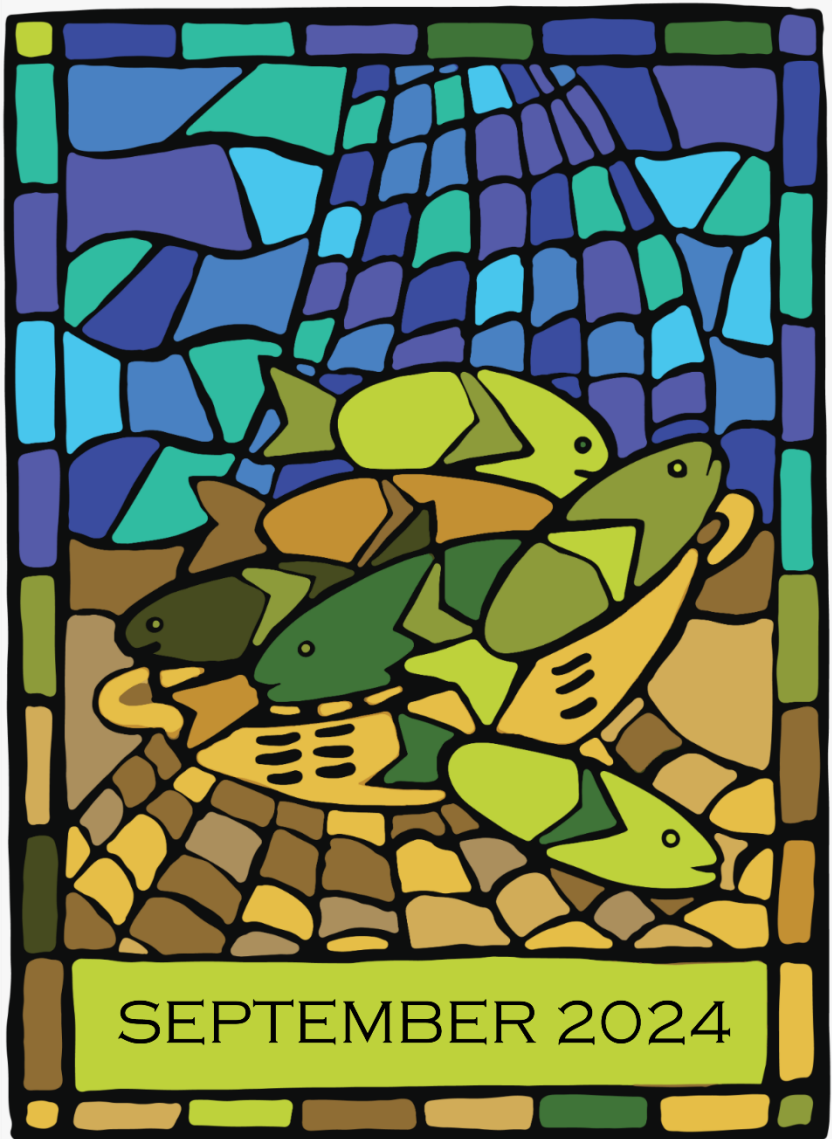


St. Paul Epistle



St. Paul Lutheran Church

OUR VISION:

We are broken and blessed followers of Christ,
providing a home for all who wander the weary road.

Pastor Jonathan Crawford: (563) 556-7637

Email: revjcrowford@gmail.com

Teri Riechmann, Sec: (563) 556-7636

Email: stpsecretary@msn.com

2025 Jackson St.

Dubuque IA 52001

Office Hours: M-F, 9:30am - 1:30pm



stpauldbq.com

Follow us on Facebook

Weekly Services:

Saturday Worship: 5:30pm - Sunday Worship: 9:00am

Sunday School 10:30am - Bible Class 10:30am

DATES TO REMEMBER IN SEPTEMBER 2024

Sept 2	OFFICES CLOSED - LABOR DAY
Sept 3	Cover Girls 9am - 11am
Sept 3	Board of Elders Meeting 5:30pm
Sept 4	Confirmation Orientation 5:15pm
Sept 6	Confirmation (Year 1 & 2) 4pm - 5:30pm
Sept 7	Installation of Officers & Teachers 5:30pm
Sept 7	Neighborhood Cookout 6:30pm
Sept 8	Installation of Officers & Teachers 9am
Sept 9	Mission Circle Planning Meeting with pizza 6pm
Sept 10	Grief Share Support Group 6pm - 8pm
Sept 10	Board of Education Meeting at the Crawford's 7pm
Sept 12	Brown Bag Bible Study 12pm - 1:30pm
Sept 13	Confirmation (Year 1 & 2) 4pm - 5:30pm
Sept 17	Confirmation (Year 3 & 4) 4pm - 5:30pm
Sept 17	Grief Share Support Group 6pm - 8pm
Sept 18	Financial Peace University 5:45pm
Sept 20	Confirmation (Year 1 & 2) 4pm - 5:30pm
Sept 24	Confirmation (Year 3 & 4) 4pm - 5:30pm
Sept 24	Grief Share Support Group 6pm - 8pm
Sept 26	Brown Bag Bible Study 12pm - 1:30pm
Sept 27	Confirmation (Year 1 & 2) 4pm - 5:30pm
Sept 30	Golden Age Euchre Club 1pm

BACK TO SCHOOL

And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. -Deuteronomy 6:6-7

For Christians, the time for teaching and learning God's Word never ends. Even when school is out, our homes and churches continue to be places where we continually learn and grow in Christ. Here's a look at some of the ways we are learning and growing as another school year begins.

PARTNERSHIP WITH UNIVERSITY OF DUBUQUE – We are entering our 3rd year as Covenant Partners with the UD. In brief, this is a mutual relationship of prayer and mutual support. We have a presence on campus and UD endorses St. Paul to students looking for a worshipping community to connect with. We have had some students visit already and look forward to continuing to build those connections!

ADULT BIBLE STUDY - We are wrapping up a long and fruitful study of worship and liturgy. Keep an eye and ear out for an upcoming book study.

CONFIRMATION - This year we are piloting a new comprehensive 4-year curriculum (see details in the Board of Education's article!). As of now, we will have 6 students enrolled across the 4 years.

MEMBERSHIP INSTRUCTION - Open to all adults, non-members and members alike. We will be using Gene Veith's "The Spirituality of the Cross" and Luther's Small Catechism to cover the core teachings of the Christian faith.

BROWN BAG BIBLE STUDY - An opportunity for learning and fellowship. Usually meets 2nd and 4th Thursdays from 12-1:30pm. See "upcoming dates" for each month. We cover the readings for the upcoming Saturday/Sunday service. Participants have said they get much more out of church having covered the readings in advance.

See you in church (and "school"),
Pastor Jon

How To Make Communion Bread

Ingredients:

- 2 cups Freshly milled flour (I like 50% Kamut/50% Spelt)
- 1/4 cup Coconut Oil (melted)
- 3/4 cup Water
- 2 Tbsp Honey
- Salt to taste

Making the Dough:

1. Mill two cups of whole grain flour. I like the combination of spelt and Kamut, but you can choose any combination you like or just stick to one type of flour. This recipe will also work with store-bought whole grain flour.
2. While you're milling the flour, melt 1/4 cup of coconut oil gently on low heat on the stovetop.
3. Once the coconut oil is melted, add it to the flour along with the salt and water. Mix until well combined. Your dough should form a firm ball.
4. Heat a frying pan on low-medium heat. Make sure the pan is preheated well before cooking anything.
5. While the pan is preheating, divide the dough into 6 even parts. Flatten each section of the dough until it is your desired thickness. The thinner the dough, the crispier it will be. Thicker dough will yield a softer fluffier bread.

Scoring the Dough:

Scoring the dough is by no means a necessary step. In fact, I think there is also something really cool about literally breaking bread with your hands. However, the scoring does make it more convenient and easier handled.

1. This scoring shape will produce 24 pieces. I start with a bench scraper or large knife and cut the dough into 8 equal parts.
2. From there, I use a smaller paring knife to score a hexagon shape between each of the 8 sections.
3. Finally, I place one more score to divide each outer portion of the bread into 2 pieces.

Sprinkle a little extra salt on top of the bread and fry it on medium heat for about 1-2 minutes each side or until it is crisp and golden brown. Make sure your pan is nice and hot for the best browning.

Kayla Budewitz

(<https://thegenerativesower.com/unleavened-communion-bread-recipe/>)



WITNESS

WOMEN OF ST. PAUL

The Mission Circle will be having our yearly planning meeting on **Monday, September 9th at 6pm**. We will have pizza again, so bring your appetite and your ideas for any new events. All women of St. Paul are welcome. Hope to see you then.

Turkey Day Update: Turkey Day is Saturday, November 2nd. We will be having our famous turkey and dressing sandwiches, bake sale and rummage sale. You can bring down your rummage items anytime and stack them neatly in the old kitchen. **NO ELECTRONICS, SUMMER CLOTHES OR SUMMER SHOES!** We will take fall and winter clothing, household items, shoes, books, home decor and Christmas items. We encourage you to bring your items down Before October 30th as we get very busy setting up after that. Thank you all for your donations, they are greatly appreciated.



MERCY



FOOD PANTRY - For the month of **September** we are collecting the following items for the Food Pantry:

Mac & Cheese

Tuna

Oil

Laundry Soap

Garden Produce

Dish Soap

Sugar

Potatoes of any kind



LIFE TOGETHER

UPCOMING BIBLE STUDY TOPICS

- **Lutheranism 101** - Saturdays 3pm - 4:30pm This is open to everyone. A great way to get a refresher on the core teachings of the faith.
- **Sunday Adult Class** - Exploring Lutheran Worship

- **Brown Bag Bible Study** - Brown Bag Bible Study will be September 12th and September 26th at 12:00pm bring a lunch. Coffee and dessert provided.

PRAYER CHAIN: Need "Links" for prayer chain - simple as phoning a friend to continue prayers. Please call 563-588-1076 ASAP! God Bless!
Karen Paar

PASTOR'S SCHEDULE FOR SEPTEMBER

Please Note: Beginning is September, Pastor's day off will be **Fridays**

OFFICIAL ACTS – August 2024

Baptisms: None	Junior Confirmation: None
Adult Confirmation: None	Weddings: <i>Megan Himm & Ben Arndt</i>
Transfer In: None	Transferred Out: None
Funeral/Memorial: None	



ALTAR FLOWERS UPDATE: The 2024 Flower chart has only 3 weekends open for flowers. The weekends that are open are September 21/22, October 26/27 & November 2/3. This is the time to sign up for altar flowers to celebrate special events or memories, etc. Cost remains at \$30 with payment made to St Paul and ear-marked "flowers" at the time of sign up. Put the payment in envelopes provided with necessary information filled in, and place in the offering plate. Please check if you will take after Sunday service or leave for shut ins. We continue to ask you to return the glass bowls for reuse. Questions-Charlotte Tigges 563 599 2745



ALTAR GUILD! There is currently a great need for altar guild helpers. If you are willing to help clean the communion vessels after services or polish metalware twice a year, please call the church office or send an email to the church secretary.

OCTOBER NEWSLETTER info is due by **FRIDAY SEPTEMBER 20TH**

RUTH CIRCLE: We want to remind all our church members of the greeting cards we have for sale. The proceeds from the card sales go to cleaning the Pastor's vestments and purchasing the altar linen. We have the following boxes of cards available: Graduation, Confirmation, Birthday, Anniversary, Thinking of You, Get Well, Sympathy, Wedding, and Christmas. The next meeting will be Thursday, September 5th at 10:00am.

BOARD OF MISSION & MINISTRY

Good Neighbor Fund: Please feel free to designate an offering to the Good Neighbor Fund to help meet the needs of our church family and neighbors in their time of challenge.

Sunday School Kickoff Cookout: Please mark your calendars for Saturday, September 7th. We will be hosting a neighborhood BBQ in the side parking lot! Immediately following the Saturday evening service. Look for the sign up sheet for side - meat will be provided. Please reach out to Misty Lutz if you'd like to help in any way.

Financial Peace University: First Session begins Wednesday, September 18th at 5:45pm; registration online for non-church members is already open. If you are a church member and would like to register contact Misty Lutz for materials prior to the first class. Cost is \$110 per book and includes book, classes, online videos and budget calculator. More info will be in the September newsletter.

Grief Share Support Group: This 13-week grief support group program focuses on important grief topics associated with the death of a loved one. The weekly videos feature nationally respected grief experts and real-life stories of people, and the video is followed by a small group discussion about what is viewed. Whether your bereavement experience is recent or not so recent, you will find encouragement, comfort, and the sure hope of the Gospel in grieving the death of a spouse, child, parent, sibling, other family member, or friend. Grief Share will be held **September 10, 2024 - December 3 at St. Paul's Lutheran Church** from: **6pm to 8pm**. Cost **\$10 per participant**. Child Care: **No**. Any questions contact: **Ruth Barz 563-500-7893**. To register, go to: **griefshare.org/findagroup** and search for **St. Paul Lutheran group**.

Fair Talk: Thank you to everyone that helped at the fair this year. The weather was pretty nice all week, a little rain late Tuesday afternoon which did not stop people from coming out that night. One day was kind of warm in the afternoon, but not as bad as some years. It was a little different fair for us in the church booth this year. We did not sell dipped ice cream other than a cup of vanilla in our malt section. Long story short-- I could not fill the evening slots for workers and then my ice cream distributor quit carrying 3-gallon tubs, so with that being said it was easy to just close that end of the booth. Then I found another distributor, but the prices were so high, and I would have to charge a lot we decided to just be done. It really didn't seem to hurt us in sales overall. This year we did \$16,000 plus verses last year \$18,000. The difference was on Tue. the first day, which was strange, all sales were down that day for us. After paying bills, we usually have half of the amount to distribute to worthy causes. I will have a report of that in the October newsletter. Our tip jars collected over \$600 to share between Pastor's Good Neighbor fund and the Salvation Army. Again, thank you so much to everyone that worked, and we'll see you next year. Mark your calendars July 22nd to July 27th, 2025.
Thank you, Nancy

Dear St. Paul Family,

Confirmation is something with which most of us have experience. Many went through the process or classes in or around the junior high years, while others studied and made a public profession of faith later in adulthood. Regardless, our background shapes the definitions and expectations we bring to the word and practice of "confirmation".

Over the past year, our board of Christian education has endeavored to peel back the layers of "we've always done it this way" and "well, I had to...." and get to the heart of what we hope students will look like after going through the intentional faith formation process we commonly know as confirmation. We asked questions like "What do we want an 18 year old member of St. Paul to know, do and be like?" (See May voter's meeting notes!)

What we discovered does not amount to a complete overhaul of what we've done in recent years, but rather a refocusing on the goals of confirmation and practical changes to reflect those things. A large part of that is communicating the "why" driving expectations and practices. Another component is amping up the resourcing and support provided by our board and the congregation at large.

The more we discussed the programmatic components and expectations, a common thread kept weaving it's way through: **these are good things not only for confirmation students, but for all of us.** So, be on the lookout for ways you can take part in these practices, not only providing an encouraging example for current catechumens, but nurturing the faith God gave you in your baptism and you confessed on your confirmation day.

As we collectively move beyond the pervasive "graduation mindset," we lean into the thinking that "Confirmation, instead, is one stepping stone along that path of **being continually formed by God's Word within the greater faith family.** It's a place to stop, get trained, and get armed for lifelong war against the enemies of the devil, the world, and our sinful flesh as creation awaits the return of Christ. It's big-picture, epic, life-and-death stuff" (Pete Jurchen, *Timeless Truth: An Essential Guide for Teaching the Faith*).

- St. Paul Board of Christian Education

Confirmation

Nurturing + Training
for a Life of Faith

Receiving
God's Gifts
in Worship

Regular
participation
in worship +
sermon notes

Faith
Mentoring

Deepen
connection to
church family

Building a
Memory
Library

Key Scripture
verses +
Luther's six
chief parts

Serving
One's
Neighbor

Service in the
church +
community

Faith
Statement
Project

Written +
expressive/
creative
components

Studying
God's Word +
Luther's Small
Catechism

Course work
connecting
class time +
home

Course Work Rotation

Years 1 + 2

- Bible overview
- Catechism 101

Years 3 + 4

- Catechism 201
- Christian Apologetics

**Additional details and resources will
be rolling out through the fall months!**

FALL EDUCATION KICK OFF | SEPTEMBER 7 + 8, 2024

Neighborhood Picnic

September 7, following
the worship service

Sunday School 

Begins September 8
10:30-11:30 am | age 3-8th grade

Next board meeting: September 10, 2024 | 7 pm at the Crawfords'

Questions? Connect with Katy Crawford (katy.munson@gmail.com, 815.876.6426) if you have any questions or would like to be involved!

WE REMEMBER THOSE WHO HAVE DIED IN SEPTEMBER

Joan Bailey Sandy LuGrain

PRAYER LIST FOR SEPTEMBER 2024

Mindful of the Father's great mercy shown to us in Jesus, we pray on behalf of those who are in need.

For those undergoing cancer treatment:

Roger Riechmann (father of Teri Riechmann & Sheila Zasada)
Jayme Niemeier (nephew of Dave & Sue Krause)
Raymond Kruser (brother-in-law of Dave & Sue Krause)
Zeke Pergande (son of Dan & Doris Pergande)
Martha (godmother of Will Wehrspann)
Mark Geothschius (brother of A.J. Osterkamp)
Toni Jo Stelpflug (niece of Doris Pergande)
Tiffany Crowe (daughter of Jim & Marion Crowe)
Brittni Strege (niece to Richard & Kim Weed)
Rhonda Kittle (sister-in-law to Greg Kittle)
Matthew Kittle (brother of Greg Kittle)
Jerry (family friend of Richard & Kim Weed)
Rocco DiMaggio (relative of Pastor Crawford)
Kenny Stelpflug (brother of Doris Pergande)
Annie Horn (mother of Nick Horn)
Dan Pergande, Debra Spear, Richard Weed

For our members who are homebound:

Laverne Ball (Ennoble Manor), Nancy Clark, Jean Henningsen (Sunnycrest Manor), Doris Pergande, Anne Prisk (Care Initiatives), Dusty Colby, Judy Pergande, Jayson Eichman (Care Initiatives), Jan Anderson

Additional Prayer Requests

- Lori Ollendick (daughter of Charlotte Tigges)
- The Walker family
- Donetta Spohr
- Diane Schultz
- Damaris Eichman

**Note: The "additional" section of the prayer list will be cleared at the beginning of each month. If you would like a name to remain on the list into the next month, please contact the church office and we would be happy to continue praying for your intention.*



SEPTEMBER

Anniversaries

4-Colby & Kendra Lafrenz	14-Danny & Patty Thumser
16-Greg & Andi Kittle	28-Rod & Nancy Henry
30-Richard & Judy Pergande	30-Logan & Natalie Zasada



SEPTEMBER

BAPTISMS

1-Nancy Prine	2-Connor Hill	4-Adam Hill, Jr.
6-Trudy Clark	10-Patty Thumser	12-Ron Pergande, Sr.
17-Danny Thumser	17-Lisa Wehrspann	20-Jayson Eichman
24-Jan Anderson	24-Taylor Kelly	26-Juliana Thibadeau
27-John Weber	28-Kendra Lafrenz	29-Jaxson Taylor
30-Emily Fry		



SEPTEMBER

Birthdays

4-Jan Anderson	5-Arlene Elliott	7-Ray Schickel
8-Kendra Lafrenz	10-Dennis Waugh	11-Sara Hiris
16-Ken Ranson	17-Eden Fry	17-Myles Worden
18-Janet Miller	18-Barb Waugh	19-Sandi Heller
20-Dixie Hassler	20-Jeff Zasada	21-Linda Ayers
21-Dennis Fry	21-Barrett Zasada	22-Ethan Kelley
23-Will Wehrspann	24-Misty Lutz	25-Joe Henry
27-Cindy Hass	28-Jim Crowe	

WORSHIP SCHEDULE FOR SEPTEMBER 2024

	Sat, Aug 31, 5:30pm	Sun, Sept 1, 9:00am
Head Usher:	Dennis Fry	Mark Litka
Altar Guild:	Kristie Fry	N/A
Organist:	Dr. David Pitt	Dr. David Pitt
	Sat, Sept 7, 5:30pm	Sun, Sept 8, 9:00am
Head Usher:	Dennis Fry	Adam Hill
Altar Guild:	N/A	N/A
Organist:	Dr. David Pitt	Dr. David Pitt
	Sat, Sept 14, 5:30pm	Sun, Sept 15, 9:00am
Head Usher:	Dave Kelley	Greg Kittle
Altar Guild:	N/A	N/A
Organist:	Dr. David Pitt	Dr. David Pitt
	Sat, Sept 21, 5:30pm	Sun Sept 22, 9:00am
Head Usher:	Dr. Jon Barz	Jon Lutz
Altar Guild:	N/A	A.J. & Angela Osterkamp
Organist:	Dr. David Pitt	Dr. David Pitt
	Sat, Sept 28, 5:30pm	Sun Sept 29, 9:00am
Head Usher:	Dennis Fry	Dr. Jon Barz
Altar Guild:	N/A	N/A
Organist:	Dr. David Pitt	Dr. David Pitt